

| Rang | Stnr | Verein | Name | AK | Nation | Einzelzeit | Schwimm | Wechsel 1 | Rad | Wechsel 2 | Lauf | Total |
|------|------|--|-------------------------|-----|--------|------------|---------|-----------|------|-----------|------|----------|
| 1 | 300 | Baden-Württembergischer Triathlonverband Team I | Diener Eric | JUN | GER | 15:51.94 | 2:42 | 39 | 7:01 | 1:12 | 4:17 | 15:51.94 |
| | 302 | | Möller Katharina | JUN | GER | 16:44.48 | 3:45 | 35 | 6:55 | 1:16 | 4:13 | 16:44.48 |
| | 301 | | Weiler Sophia | JUN | GER | 18:41.04 | 4:14 | 38 | 7:46 | 1:27 | 4:36 | 18:41.04 |
| | 303 | | Gralki Maja | JA | GER | 19:08.83 | 4:15 | 40 | 8:15 | 1:26 | 4:32 | 19:08.83 |
| 2 | 336 | Triathlon Verband Mecklenburg-Vorpommern Team I | Leidhold Franz-Georg | JA | GER | 15:51.99 | 2:53 | 34 | 6:55 | 1:14 | 4:15 | 15:51.99 |
| | 338 | | Henning Stine | JUN | GER | 16:58.85 | 3:32 | 34 | 7:17 | 1:15 | 4:20 | 16:58.85 |
| | 339 | | Heisig Lisa | JUN | GER | 18:59.18 | 4:12 | 36 | 8:10 | 1:24 | 4:37 | 18:59.18 |
| | 337 | | Ott Thomas | JB | GER | 19:05.14 | 4:07 | 40 | 7:52 | 1:28 | 4:58 | 19:05.14 |
| | 308 | | Schmitt Silas | JUN | GER | 16:09.99 | 2:50 | 39 | 6:54 | 1:17 | 4:29 | 16:09.99 |
| 3 | 310 | Bayerischer Triathlon Verband Team I | Henseleit Franca | JUN | GER | 17:41.37 | 3:42 | 34 | 7:34 | 1:15 | 4:36 | 17:41.37 |
| | 309 | | Neubert Tanja | JA | GER | 18:31.17 | 4:05 | 35 | 7:49 | 1:25 | 4:37 | 18:31.17 |
| | 311 | | Schneehagen Marike | JUN | GER | 18:35.46 | 4:17 | 38 | 7:45 | 1:25 | 4:30 | 18:35.46 |
| | 312 | | Osterholt Jonas | JUN | GER | 18:31.17 | 4:05 | 35 | 7:49 | 1:25 | 4:37 | 18:31.17 |
| 4 | 352 | Nordrhein-Westfälischer Triathlon-Verband Team I | Stegmeier Hannah | JA | GER | 15:51.10 | 2:59 | 38 | 6:48 | 1:16 | 4:10 | 15:51.10 |
| | 354 | | Küstner Carina | JUN | GER | 17:07.91 | 3:37 | 32 | 7:07 | 1:18 | 4:33 | 17:07.91 |
| | 353 | | Schönke Fabian | JUN | GER | 18:58.81 | 4:19 | 38 | 7:44 | 1:27 | 4:50 | 18:58.81 |
| | 355 | | Noodt Mika | JUN | GER | 19:42.96 | 4:23 | 40 | 8:16 | 1:23 | 5:00 | 19:42.96 |
| 5 | 344 | Triathlon Verband Niedersachsen Team I | Rust Franka | JA | GER | 16:00.30 | 2:56 | 35 | 6:56 | 1:15 | 4:18 | 16:00.30 |
| | 346 | | Hackmann Lidia | JUN | GER | 16:35.87 | 3:44 | 33 | 7:04 | 1:12 | 4:02 | 16:35.87 |
| | 347 | | Emde Nick | JA | GER | 18:50.47 | 4:21 | 47 | 7:48 | 1:20 | 4:34 | 18:50.47 |
| | 345 | | Küstner Maite | JUN | GER | 20:14.62 | 4:17 | 40 | 8:13 | 1:35 | 5:29 | 20:14.62 |
| | 348 | | Schneehagen Marike | JUN | GER | 15:49.35 | 2:56 | 39 | 6:49 | 1:19 | 4:06 | 15:49.35 |
| 6 | 358 | Nordrhein-Westfälischer Triathlon-Verband Team I | Emde Nick | JUN | GER | 17:23.00 | 3:47 | 36 | 7:23 | 1:17 | 4:20 | 17:23.00 |
| | 359 | | Küstner Maite | JA | GER | 19:06.90 | 4:09 | 39 | 8:25 | 1:22 | 4:31 | 19:06.90 |
| | 357 | | Schneehagen Marike | JA | GER | 19:44.36 | 4:30 | 38 | 8:09 | 1:27 | 5:00 | 19:44.36 |
| | 358 | | Schneehagen Marike | JA | GER | 19:44.36 | 4:30 | 38 | 8:09 | 1:27 | 5:00 | 19:44.36 |
| 7 | 340 | Triathlon Verband Mecklenburg-Vorpommern Team II | Millat Jana | JA | GER | 16:03.76 | 2:48 | 37 | 6:56 | 1:18 | 4:24 | 16:03.76 |
| | 342 | | Diedrich Karl | JA | GER | 17:58.10 | 3:52 | 38 | 7:38 | 1:19 | 4:31 | 17:58.10 |
| | 343 | | Millat Jana | JUN | GER | 19:01.86 | 4:09 | 38 | 8:10 | 1:26 | 4:38 | 19:01.86 |
| | 341 | | Duske Natascha | JA | GER | 19:06.59 | 4:04 | 33 | 7:51 | 1:29 | 5:09 | 19:06.59 |
| 8 | 364 | Saarländische Triathlon Union Team I | Ziehmer Chris | JUN | GER | 15:38.07 | 2:52 | 34 | 6:56 | 1:11 | 4:05 | 15:38.07 |
| | 400 | | Ziegler Nick | JUN | GER | 17:04.88 | 3:38 | 34 | 7:23 | 1:16 | 4:13 | 17:04.88 |
| | 367 | | Werner Noelle | JA | GER | 18:53.21 | 4:05 | 39 | 8:10 | 1:23 | 4:36 | 18:53.21 |
| | 365 | | Theobald Sophie | JUN | GER | 18:53.21 | 4:05 | 39 | 8:10 | 1:23 | 4:36 | 18:53.21 |
| | 365 | | Theobald Sophie | JUN | GER | 20:57.04 | 4:28 | 43 | 8:43 | 1:42 | 5:21 | 20:57.04 |
| 9 | 316 | Berliner Triathlon Union Team I | Bettin Benedikt | JUN | GER | 16:22.99 | 2:52 | 36 | 6:55 | 1:21 | 4:38 | 16:22.99 |
| | 318 | | Wendlandt Simon | JUN | GER | 18:18.76 | 3:56 | 41 | 8:07 | 1:19 | 4:15 | 18:18.76 |
| | 319 | | Gastell Martha | JA | GER | 18:51.10 | 4:10 | 37 | 8:06 | 1:28 | 4:30 | 18:51.10 |
| | 317 | | Ungewickell Lara Thekla | JUN | GER | 19:07.83 | 4:07 | 39 | 7:54 | 1:30 | 4:57 | 19:07.83 |
| 10 | 312 | Bayerischer Triathlon Verband Team II | Hofmann Valentin | JA | GER | 16:21.86 | 3:00 | 36 | 6:50 | 1:21 | 4:34 | 16:21.86 |
| | 314 | | Steiert Luis | JA | GER | 17:01.63 | 3:49 | 34 | 7:11 | 1:16 | 4:11 | 17:01.63 |
| | 313 | | Walter Stefanie | JUN | GER | 19:24.13 | 4:05 | 39 | 8:02 | 1:29 | 5:09 | 19:24.13 |
| | 315 | | Gardeike Antonia | JUN | GER | 19:57.86 | 4:08 | 44 | 8:30 | 1:28 | 5:07 | 19:57.86 |
| | 392 | | Sonnenberg Theo | JUN | GER | 19:57.86 | 4:08 | 44 | 8:30 | 1:28 | 5:07 | 19:57.86 |
| 11 | 394 | Thüringer Triathlon-Verband Team I | Kull Alexander | JUN | GER | 16:32.85 | 3:01 | 37 | 7:20 | 1:15 | 4:19 | 16:32.85 |
| | 393 | | Geßner Helene | JUN | GER | 16:49.81 | 3:46 | 35 | 7:04 | 1:13 | 4:11 | 16:49.81 |
| | 395 | | Körper Emily-Lucy | JA | GER | 19:38.32 | 4:10 | 38 | 8:05 | 1:34 | 5:11 | 19:38.32 |
| | 395 | | Körper Emily-Lucy | JA | GER | 20:14.04 | 4:24 | 37 | 8:31 | 1:28 | 5:14 | 20:14.04 |
| | 395 | | Körper Emily-Lucy | JA | GER | 20:14.04 | 4:24 | 37 | 8:31 | 1:28 | 5:14 | 20:14.04 |
| 12 | 328 | Hessischer Triathlon Verband Team I | Graf Henry | JA | GER | 15:31.07 | 2:45 | 35 | 7:01 | 1:13 | 3:57 | 15:31.07 |
| | 330 | | Göttler Moritz | JB | GER | 18:45.50 | 3:45 | 45 | 7:54 | 1:25 | 4:56 | 18:45.50 |
| | 329 | | Heidemann Nina | JUN | GER | 18:45.50 | 3:45 | 45 | 7:54 | 1:25 | 4:56 | 18:45.50 |
| | 331 | | Behrens Jule | JA | GER | 19:24.42 | 4:08 | 37 | 8:05 | 1:29 | 5:05 | 19:24.42 |
| | 331 | | Behrens Jule | JA | GER | 19:39.23 | 4:13 | 40 | 8:33 | 1:31 | 4:42 | 19:39.23 |
| 13 | 332 | Hessischer Triathlon Verband Team II | Weigand Paul | JA | GER | 16:19.78 | 3:01 | 35 | 6:52 | 1:25 | 4:26 | 16:19.78 |
| | 334 | | Schüßler Robin | JA | GER | 17:28.60 | 3:49 | 35 | 7:11 | 1:21 | 4:32 | 17:28.60 |
| | 335 | | Heidemann Kim | JA | GER | 19:29.93 | 4:09 | 38 | 8:11 | 1:33 | 4:58 | 19:29.93 |
| | 333 | | Graf Emma | JUN | GER | 19:29.93 | 4:09 | 38 | 8:11 | 1:33 | 4:58 | 19:29.93 |
| | 333 | | Graf Emma | JUN | GER | 20:45.67 | 4:20 | 41 | 8:55 | 1:35 | 5:14 | 20:45.67 |
| 14 | 376 | Sächsischer Triathlonverband Team II | Bogen Rico | JUN | GER | 15:51.37 | 2:49 | 35 | 6:57 | 1:15 | 4:15 | 15:51.37 |
| | 378 | | Töpfer Justus | JA | GER | 17:47.46 | 3:54 | 38 | 7:12 | 1:22 | 4:41 | 17:47.46 |
| | 379 | | Devantier Lea | JUN | GER | 19:12.87 | 4:05 | 39 | 8:07 | 1:29 | 4:52 | 19:12.87 |
| | 377 | | Felten Sina | JA | GER | 19:12.87 | 4:05 | 39 | 8:07 | 1:29 | 4:52 | 19:12.87 |
| | 377 | | Felten Sina | JA | GER | 21:14.88 | 4:08 | 45 | 8:25 | 1:46 | 6:10 | 21:14.88 |
| 15 | 324 | Brandenburgischer Triathlonbund | Neuber Marius | JA | GER | 16:44.83 | 2:45 | 37 | 7:01 | 1:26 | 4:55 | 16:44.83 |
| | 326 | | Schumann Simeon | JB | GER | 18:27.05 | 3:48 | 34 | 7:53 | 1:28 | 4:44 | 18:27.05 |
| | 327 | | Kliver Nadine | JA | GER | 18:27.05 | 3:48 | 34 | 7:53 | 1:28 | 4:44 | 18:27.05 |
| | 325 | | Schumann Sophie | JA | GER | 19:21.75 | 4:05 | 41 | 8:26 | 1:22 | 4:47 | 19:21.75 |
| | 325 | | Schumann Sophie | JUN | GER | 19:43.15 | 4:05 | 36 | 8:20 | 1:29 | 5:13 | 19:43.15 |
| 16 | 304 | Baden-Württembergischer Triathlonverband Team II | Schmitt Silas | JA | GER | 16:37.43 | 3:01 | 36 | 7:20 | 1:16 | 4:24 | 16:37.43 |
| | 306 | | Koser Lukas | JB | GER | 18:20.40 | 4:13 | 40 | 7:26 | 1:24 | 4:37 | 18:20.40 |
| | 307 | | Huber Miriam | JB | GER | 19:34.70 | 4:08 | 41 | 8:38 | 1:32 | 4:35 | 19:34.70 |
| | 305 | | Gralki Maja | JB | GER | 20:21.52 | 4:29 | 40 | 8:45 | 1:27 | 5:00 | 20:21.52 |
| | 384 | | Gralki Maja | JB | GER | 20:21.52 | 4:29 | 40 | 8:45 | 1:27 | 5:00 | 20:21.52 |
| 17 | 384 | Schleswig-Holsteinische Triathlon Union Team I | Ortufelde Jaspar | JA | GER | 16:51.45 | 3:04 | 39 | 7:13 | 1:26 | 4:29 | 16:51.45 |
| | 386 | | Ortufelde Jaspar | JA | GER | 18:42.60 | 4:05 | 36 | 7:51 | 1:28 | 4:42 | 18:42.60 |
| | 387 | | Bröcker Julia | JA | GER | 19:10.74 | 4:08 | 37 | 8:21 | 1:20 | 4:44 | 19:10.74 |
| | 385 | | Dietzel Leann | JA | GER | 19:10.74 | 4:08 | 37 | 8:21 | 1:20 | 4:44 | 19:10.74 |
| | 385 | | Dietzel Leann | JA | GER | 20:18.97 | 4:14 | 38 | 8:47 | 1:27 | 5:12 | 20:18.97 |
| 18 | 360 | Rheinland-Pfälzischer Triathlon-Verband | Ludagé Julius | JB | GER | 17:06.48 | 3:03 | 36 | 7:22 | 1:22 | 4:43 | 17:06.48 |
| | 362 | | Heß Jacob | JA | GER | 18:04.62 | 4:15 | 35 | 7:21 | 1:24 | 4:29 | 18:04.62 |

| Rang | Stnr | Verein | Name | AK | Nation | Einzelzeit | Schwimm | Wechsel 1 | Rad | Wechsel 2 | Lauf | Total |
|------|------|--|----------------------|-----|--------|------------|---------|-----------|------|-----------|------|------------------------|
| | 363 | | Bierbrauer Rebecca | JB | GER | 19:51.32 | 4:37 | 41 | 8:36 | 1:27 | 4:30 | 19:51.32 |
| | 361 | | Heß Ella | JB | GER | 20:10.96 | 4:58 | 38 | 8:12 | 1:29 | 4:53 | 20:10.96 |
| 19 | 390 | Schleswig-Holsteinische Triathlon Union Team I | Engel Jan | JUN | GER | 17:52.74 | 3:55 | 35 | 7:15 | 1:25 | 4:42 | 17:52.74 |
| | 388 | | Hüllweck Lucas | JUN | GER | 17:54.47 | 2:51 | 38 | 7:19 | 1:35 | 5:31 | 17:54.47 ¹⁶ |
| | 389 | | Wippich Valesca | JA | GER | 20:07.30 | 4:23 | 37 | 8:11 | 1:31 | 5:25 | 20:07.30 ¹⁷ |
| | 391 | | Schreber Janne | JA | GER | 20:20.21 | 4:21 | 40 | 8:27 | 1:34 | 5:18 | 20:20.21 |
| 20 | 348 | Triathlon Verband Niedersachsen Team I | Abweck Adrian | JA | GER | 17:14.10 | 3:02 | 36 | 7:21 | 1:23 | 4:52 | 17:14.10 |
| | 350 | | Voß Fabian | JUN | GER | 18:05.81 | 3:55 | 38 | 7:36 | 1:17 | 4:39 | 18:05.81 |
| | 351 | | Protte Franca | JA | GER | 20:34.81 | 4:31 | 41 | 8:55 | 1:29 | 4:58 | 20:34.81 |
| | 349 | | Seack Tessa | JA | GER | 21:03.07 | 4:29 | 47 | 8:24 | 1:38 | 5:45 | 21:03.07 |
| 21 | 372 | Sächsischer Triathlonverband Team I | Von Müller Jakob | JB | GER | 16:52.08 | 2:58 | 37 | 7:22 | 1:25 | 4:30 | 16:52.08 |
| | 374 | | Kliemann Jonas | JUN | GER | 18:17.61 | 3:57 | 42 | 7:31 | 1:25 | 4:42 | 18:17.61 |
| | 373 | | Sorge Maria | JB | GER | 20:34.89 | 4:21 | 41 | 8:38 | 1:29 | 5:25 | 20:34.89 ¹⁶ |
| | 375 | | Richter Flavia | JB | GER | 21:32.68 | 4:36 | 42 | 9:14 | 1:42 | 5:18 | 21:32.68 ¹⁶ |
| 22 | 320 | Berliner Triathlon Union Team II | Stach Karl | JA | GER | 17:15.99 | 3:04 | 36 | 7:20 | 1:23 | 4:52 | 17:15.99 ¹⁶ |
| | 322 | | Mainusch Oskar | JA | GER | 19:22.57 | 4:42 | 38 | 7:55 | 1:22 | 4:45 | 19:22.57 |
| | 323 | | Weinreich Helena | JB | GER | 20:27.69 | 4:41 | 39 | 8:43 | 1:30 | 4:54 | 20:27.69 |
| | 321 | | Thiele Emma | JUN | GER | 20:40.10 | 4:23 | 44 | 8:43 | 1:33 | 5:17 | 20:40.10 |
| 23 | 368 | Saarländische Triathlon Union Team II | Mengele Fynn | JUN | GER | 17:06.21 | 2:54 | 39 | 7:58 | 1:20 | 4:15 | 17:06.21 |
| | 370 | | Breinlinger Jakob | JUN | GER | 18:27.95 | 3:57 | 40 | 7:45 | 1:23 | 4:42 | 18:27.95 ¹⁶ |
| | 371 | | Steub Uli-Maren | JUN | GER | 21:01.19 | 4:26 | 41 | 9:04 | 1:30 | 5:20 | 21:01.19 ¹⁶ |
| | 369 | | Ney Saskia | JB | GER | 23:08.11 | 4:43 | 42 | 9:57 | 1:54 | 5:52 | 23:08.11 |
| 24 | 380 | Triathlonverband Sachsen-Anhalt | Dames Carl-Friedrich | JB | GER | 18:04.32 | 3:05 | 42 | 7:45 | 1:30 | 5:02 | 18:04.32 |
| | 382 | | Pioch Paul | JA | GER | 20:35.87 | 4:16 | 50 | 8:24 | 1:53 | 5:12 | 20:35.87 |
| | 381 | | Leffler Estella | JB | GER | 22:36.70 | 5:16 | 43 | 9:19 | 1:34 | 5:44 | 22:36.70 |
| | 383 | | Kaltenbach Lina | JB | GER | 22:54.07 | 5:01 | 45 | 9:36 | 1:42 | 5:50 | 22:54.07 |